



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## 2018-19 School Swim League

*We build strong kids, strong families, and strong communities.*



## Registration – Information

**THE YMCA MISSION:** To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.



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# Winter Splash!!!

## 2019 School Swim League YMCA of Southern West Virginia

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### What is it?

The YMCA School Swim League Program offers children the opportunity to test the waters of competitive swimming while having fun at the same time. Participants have the chance to swim in a variety of events that provide individual and team competition during swim meets against other school teams.

### Program Prerequisites

The program is for elementary school age children who have had some form of swim instruction. Children should be able to swim at least one length of freestyle in the YMCA's 25-meter pool.

- **PLEASE NOTE: The School Swim League does not involve swim lessons! The program is strictly an introduction to competitive swimming, which is more advanced.**

### Registration

Program registration is from **December 1, 2018 – January 4, 2019\***. To register, registration packets are available at the YMCA Membership Service Desk.

The cost for each participant is:

- Y Members - \$40.00
- Program Participant Members - \$60.00
- Registration includes: T-shirt, swim cap, awards, and Pizza Pool Party

\*There will be a \$10.00 late fee from **January 5, – January 12, 2019**.

### Equipment

Each participant needs a swimsuit and towel. Swim goggles and caps are not necessary, but are beneficial and may be used. Locker rooms are available for changing purposes on the bottom floor of the YMCA.

## **Volunteers**

As with all YMCA programs, volunteers are needed in order for the School Swim League to operate smoothly. Volunteers are needed to coach, organize award ribbons, set-up/break-down meet equipment, get swimmers to the starting blocks, time events for the meets with a provided stopwatch, and run errands/assist coaches as needed. We ask that at least one representative from each family volunteer for their assigned Swim Meet.

## **Teams**

The School Swim League is made up of three (3) teams: Makos, Dolphins, and Sharks. Teams will be determined after registration forms have been received so that there is an even amount of swimmers on each team.

## **Practice and Meet Schedule**

Practices will be held at the Beckley-Raleigh County YMCA's 25-Meter pool beginning **Monday, January 14, 2019**. Each team practices for one hour, two – times (Monday and Wednesday) a week throughout the School Swim League season. Participants will have access to lap lanes and pool equipment. Practices can be observed from the observation deck on the second floor of the YMCA.

*Please see the next page for this season's School Swim League calendar!*

## **IMPORTANT: Swimmer Evaluation, Parents and Volunteers Meeting**

**Monday, January 14, 2019 at 6:00 PM at the YMCA pool. This meeting is for evaluating swimmer abilities, establishing team coaches and meet representatives, and for asking questions, offering comments, or recognizing concerns.**

## 2009 YMCA School Swim League Calendar

**Registration: December 1, 2018 – January 4, 2019**

**Swimmer evaluation, Parents and Volunteers Meeting: Monday, January 14, 2019 at 6:00 PM**

Practice for ALL TEAMS: 5:30 to 6:30 PM.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Jan. 14 Practice #1  5:30 to 6:30	15	16 Practice #2  5:30 to 6:30	17	18	19
20	21 Practice #3  5:30 to 6:30	22	23 Practice #4  5:30 to 6:30	24	25	26  Meet #1  Warmups @ 10 am  Mako Parents
27	28 Practice #5  5:30 to 6:30	29	30 Practice #6  5:30 to 6:30	31	Feb. 1	2  Meet #2  Warmups @ 10am  Shark Parents
3	4 Practice #7  5:30 to 6:30	5	6 Practice #8  5:30 to 6:30	7	8	9  Meet #3  Warmups @ 10am  Dolphin Parents
10	11 Practice #9  5:30 to 6:30	12	13 Practice #10  5:30 to 6:30	14	15	16  <b>Championship</b>  <b>Swim Meet</b>  Warm-ups 10am  Start 10:30am  Awards Ceremony & Pool Party Immediately following

Meet Volunteer Assignments: *(set-up/break down of meet equipment, timing, ribbons, moving swimmers to blocks, errands, etc. This is what helps run a quality swim team and swim meet. Thank you for your support!)*



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**Participant Status:** \_\_\_\_\_ **YMCA Member (\$40.00)**      \_\_\_\_\_ **Program Member (\$60.00)**

Name: \_\_\_\_\_ Circle One:    Male                      Female

Address: \_\_\_\_\_ Birth Date: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Age: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

School: \_\_\_\_\_ T-Shirt: Youth Adult      S M L XL XXL

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### Consent for Medical Treatment:

*As the parent or legal guardian of the above named participant, I hereby give my consent for emergency medical care prescribed by a duly licensed physician. This care may be provided under whatever conditions necessary to preserve the well being of my participant.*

Parent/Legal Guardian Signature: \_\_\_\_\_

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### Parent Volunteer Interests:

\_\_\_\_\_ Coaching                      \_\_\_\_\_ Timer                      \_\_\_\_\_ Ribbon Writer  
\_\_\_\_\_ Clerk of Course                      \_\_\_\_\_ Runner                      \_\_\_\_\_ Equipment

